



# HOPE THROUGH ACTION NEWSLETTER

Issue 2  
**MARCH 2020**

We take pleasure in sharing our stories of HOPE from December to March where we use sport as a vehicle for change in the communities we serve. May these stories spread some joy during these uncertain times, caused by Covid 19.

## **MBEKWENI COMMUNITY SPORT CENTRE (Paarl)**

“A PLACE OF RESPECT”

Total Nr of  
participants  
in sport &  
physical  
activity =  
**3995**



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*Yonela, a YOUNG LEADER, has returned to her former school next to the Centre as a qualified teacher, demonstrating success in persistence.*

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### **Chronicles of HOPE**

- Football club hosted 2 trainers from the Youth Academy of the Dutch premier league football club Heerenveen, building coaching capacity
- U15 team won the Paarl Rock U15 football league
- Learning room and Kiddies room established and managed by a former intern who completed her teaching diploma
- Golf programme participants visited a golf course, for some the first visit outside of Mbekweni
- Visit by Jade Wye, winner of the 2019 BBC 5Live Rachael Bland podcast award, sharing personal insights/experience on substance abuse with youth
- Young Leaders assisting in the holiday programme with 3301 registered child visits (Dec/Jan)

## FRANSCHHOEK VALLEY COMMUNITY SPORT CENTRE (Groendal)

"A PLACE OF GROWTH"

The Leeu Learning Centre hosted a "PhysiFun" workshop for 56 ECD educators in the Franschhoek Valley, demonstrating caring in sharing.



Total Nr of participants in sport & physical activity = **3395**

### Chronicles of HOPE

- Primrose Hill Cricket Club, London (u/13 team), visited the centre and we organized an U/13 inter-schools cricket league last term
- 9 Young participants represented Western Cape Handball at a National tournament in Durban
- We hosted a junior youth football tournament in February. Four age groups (U/9, 11, 13 and 15) with 6 Clubs taking part.
- Sewing project (Indlovu): awarded a contract for 3,000 bags
- Learn to swim project, Kiddies bicycle club, Chess club and Running club established
- Young Leaders assisting in the holiday programme with 2280 registered child visits (Dec/Jan)

## SWARTLAND COMMUNITY SPORT CENTRE (Malmesbury)

"A PLACE OF HOPE"

Total Nr of participants in sport & physical activity = **2552**



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*Swartland Community Centre started working in 3 local schools, assisting with PE and after-school sport, demonstrating the power of "US"*

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### Chronicles of HOPE

- Rugby for boys and girls added; qualified rugby coach joined the team
- Sewing group received training on cutting and sewing machines. They also started with beadwork
- The Centre hosted an EMC First Aid Responder Training workshop for the community (2 days)
- Volleyball team joined the Cape Winelands Volleyball League after less than 6 months of playing the sport and won 2 trophies at a youth volleyball festival in Cape Town
- The holiday programme had 3614 registered child visits (Dec/Jan)

### AMBASSADOR OF HOPE

Marais Erasmus, South African former first class cricketer who is now an International cricket umpire and a member of the Elite Panel of ICC Umpires joined the Hope Through Action Foundation as an Ambassador, volunteering his time to make a difference. Welcome Marais!



### BENEFITS OF DONATING

Hope Through Action Foundation can issue a Section 18A tax certificate for any donation received.

A bequest in your will to Hope Through Action Foundation is deducted from the value of your estate, and thus entirely free from estate duty. The bequest will therefore reduce the portion of your estate which is subject to Estate Duty.

Kindly consider making a tax deductible donation to our programmes and be part of CHANGING LIVES, AND BRINGING HOPE!

**Click on the link below to donate :**

<https://www.hopethroughaction.co.za/donate>

The following links are also attached for your easy reference:

<https://www.hopethroughaction.co.za/>

<https://www.facebook.com/mbekwenisportcentre/>

<https://www.facebook.com/Franschhoek-Valley-Community-Sport-Centre-637926889671191/>

[https://www.facebook.com/pages/category/Community-](https://www.facebook.com/pages/category/Community-Organization/Swartland-Community-Sport-Centre-2460012524085592/)

[Organization/Swartland-Community-Sport-Centre-2460012524085592/](https://www.facebook.com/pages/category/Community-Organization/Swartland-Community-Sport-Centre-2460012524085592/)

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*When you learn,  
TEACH and when  
you get, GIVE!*

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